



RESIDENTIAL WEEKEND

2020

Dear Participants and Residential Weekend Enthusiasts,

We are delighted you have decided to spend your weekend at Residential Weekend Conference.

Please review the Important Information below, so we can ensure successful Event and your great experience throughout the weekend.

WIFI PASSWORD: hotel2222

FRIDAY*	Dinner	19:00 – 20:00
SATURDAY*	Breakfast	8:00 – 9:00
	Break	10:50 – 11:10
	Lunch	13:00 – 14:00
	Break	16:00 – 16:20
	Dinner	19:30 – 21:00
SUNDAY*	Breakfast	8:00 – 9:00
	Break	10:40 – 11:00
	CHECK – OUT	Before 11:00 AM
	Lunch	Excluded from the Prize. Should you wish to order a Goulash Soup at CZK 35 / per person, please contact the Organizing Team before Saturday 9:00 AM.

**Drinks during Lunch / Dinner time are not included in the Price and must be paid directly to the Hotel. Please note, payments are in CZK only (Cash/Card)*

Please note the following Items is excluded from the price of your Ticket:

- Parking in the Hotel Garage at EUR 8.00 / day
- Drinks during Lunch / Dinner or purchased individually during the day
- Friday night bowling (can be purchased separately)
- Use of Sauna
- Any mini bar drinks / snacks
- Room service

Contact Us:

- Join the WhatsApp Group to Contact us, share photos / videos, connect with fellow Participants
- Call: Iva Horka @ 774 102 200 / Jenny Haka @ 703 418 957 / Sonia Tortorollo @ 731 179 510

We wish you a fantastic experience!

Your biggest Fans and TM Residential Weekend Organizers,

Iva & Jenny & Sonia

WHATSAPP GROUP





IMPOSTER PHENOMENON – IT’S A KRYPTONITE, IS THERE A CURE?

DENISE BANKS-GRAEDYCK | KEYNOTE SPEAKER, CERTIFIED PROFESSIONAL COACH, CONSULTANT, 2017 AND 2018 EUROPEAN CHAMPION OF PUBLIC SPEAKING

Imposter phenomenon is to accomplished and successful people, what kryptonite is to Superman – it weakens you, gets in the way of you realizing your full potential and if left unchecked, can be debilitating to your career and your life. Spoiler Alert – there is a cure!

In this Workshop, you will learn what imposter syndrome is, how to recognize the five common categories of imposter syndrome and how it affects people. You will also leave with some highly effective and incredibly simple methods and tools to overcome imposter syndrome.



FINDING THE PATTERN TO CONNECT

ALEX AND GABI NICOLAE | FOUNDERS OF EPIFOR, TEDx SPEAKERS, PEOPLE DEVELOPERS, CERTIFIED TRAINERS, PUBLIC SPEAKERS

In this Workshop, Participants will learn how to: a. Understand how others are different and how to work with each personality; b. Build a stronger team that communicates, appreciates the style of each other and works well together; c. Learn effective strategies for handling conflict.



EXPRESS READING

VERONIKA ŠANOBOVÁ |

We live in a world full of Applications that do almost anything for us, including reading, explaining and summarizing a book. However, the way someone sums up the book might differ from what we need, to ensure we get the right information.

There is a way to read with intention and attention every day, so you squeeze out exactly what YOU need for that day or situation. In this Workshop, Participants will get a unique opportunity to learn how to summarize a book and gain the information YOU need.



STORYTELLING UPSIDE DOWN

OLGA RUDÁKOVÁ | CO-FOUNDER OF STORYGRAPH COMPANY, FINANCE PROFESSIONAL, PUBLIC SPEAKER AND VISUAL STORYTELLER

In this Workshop, Participants will get a quality Storytelling practice. They will learn the ingredients of a good Story and an exciting new structure for Storytelling, which they can apply in Toastmasters or real life right away.



PROVIDING FEEDBACK ACROSS CULTURES

KARIN GENTON L'EPÉE | FOUNDER @ COACHING4SUCCESS, EXECUTIVE & BUSINESS COACH, SPEAKER COACH

This Workshop will teach Participants a practical set of skills on communicating across cultures. Karin will put a special emphasis on how to provide feedback to various cultures.



THINK BEFORE YOU PANIC – CRITICAL THINKING

LUKÁŠ LIEBICH | DISTRICT DIRECTOR FOR 110 DISTRICT – WILD EAST OF EUROPE, SOFT-SKILLS TRAINERS, BLOGGER

Participants will gain a basic toolbox to use in situations when they need to critically evaluate existing information and make decision based on available resources.



ADVANCE YOUR CAREER WITH LINKEDIN AND NETWORKING

TOM KENT | CEO OF CAREER NERDS, CAREER COACH, PUBLIC SPEAKER AND PERSONAL BRANDING CONSULTANT

Thanks to Tom, Participants will gain the motivation to advance their Career. He will show them how LinkedIn and Networking can help them do that. Along the subject he'll reply to the question of the importance of LinkedIn profile, how to use it correctly and what specific actions they can take today to build their networking skills.



WIDE ANGLE VISION: BEFRIEND YOUR INNER-CRITIC & FREE YOUR CREATIVITY

ARNAUD MATHIEU | CREATOR OF PEACEFUL CREATIVITY, COACH AND TRAINER IN CREATIVITY AND PEACE OF MIND

This workshop, based on the Creative Leadership training of the same name, will help you to quickly calm your mind and clear the path for your inner creativity to flow. An important skill when you need to innovate, come up with ideas fast or connect the dots ...did somebody say Table Topic?



GET WHAT YOU WANT!

MIKE HAGAN | MENTOR, MEMBER OF TOASTMASTERS FOR 20 YEARS

The main goal of this Workshop is to help Participants to learn how to say "NO". They will gain the ability to say "NO" to whatever manifests along your way that doesn't correspond to what they want. Using via negative is a way to generate a powerful vacuum in which something that you can say "YES" to (via positive) is bound to happen.



FUN TABLE TOPICS IN GERMAN

CÉCILE CHAMBOLLE | LANGUAGE EXPERT, COMMITTED TOASTMASTER, PRESIDENT OF DIE PRAGER TOASTMASTER

Sprichst Du Deutsch, fließend oder eigentlich nicht? Entspann Dich bei unserer kurzen und relaxten Stegreifredenssession. Entdecke, was Deine Mittoastmaster aus aller Welt mit der deutschen Sprache schaffen – und zeige uns, was Du auch kannst. Wir freuen uns auf Dich und auf Deinen Feedback.



WHAT'S YOUR PLAN B

SABYASACHI SENGUPTA | STORYTELLER, COMMUNICATION SPECIALIST, TEDX SPEAKER, 2015 DISTRICT 59 CHAMPION IN EVALUATIONS

What do we need to do today to prepare for adversity in future in our Career and Job? Sabyasachi has created a framework using four Essential Plans B and one Plan A.

He will show Participants how they can prioritize these Plans B based on changes in four parameters that affect our lives, i.e. our personal situation, job, and colleagues, company and management and sector and economy.



GO TO YOUR LIMITS! MORE THAN THE AVERAGE IS NOT ENOUGH

MARC SCHUCK | PUBLIC SPEAKER, BODY LANGUAGE AND CHARISMA EXPERT

This Workshop will teach the Participants to be more confident on stage. No prior experience is necessary.



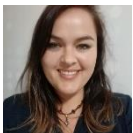
CHANGE YOUR LIFE BY CHANGING YOUR THINKING

TREVOR SMITH | TRAINER, COACH, CONSULTANT

With the 'rise of the machines' does this spell the end of thinking as we know it? Are the internet and algorithms killing thinking?

This Workshop will discuss these issues as well as quickly look at and explain how to use to our advantage ten different styles of thinking (e.g. Abstract, Creative, Concrete, Critical, Design Thinking, etc.).

Participants will have a better understanding of their 'Thinking Strengths' and where we need to improve our thinking skills so that we don't forget how to think and perhaps become irrelevant!



THE MAGIC OF IMPROVISATION

DEBBIE LIEBENBERG | COACH, TEACHER, SPEAKER, STAND UP COMEDIAN AND 2ND IN TABLE TOPICS, DIVISION L 2016

This Workshop will give Participants some tips and tricks to improve their improvised speaking skills.



ADD SOME TED TO YOUR SPEECH

DIANA ROBERTSON | DISTRICT 91 CONFERENCE DIRECTOR, FOUNDER OF SKILLSME SOFT SKILLS ACADEMY, PUBLIC SPEAKING AND LEADERSHIP TRAINER

In this Workshop you'll find out what are the key elements to a successful TED speech according to numerous researches that analyzed thousands of talks. You will see some of the greatest examples of how TED speakers integrated such elements into their speeches and will leave with a luggage of useful material.

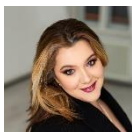
By the end of this Workshop you'll have the tools to create your own TED-style talk, so you can impress your audience at your next Toastmasters meeting!



BRING YOUR LEADERSHIP TO 21ST CENTURY

PETER HRUŠOVSKÝ | LEADER, COACH, MENTOR AND DEDICATED TOASTMASTER

Principles of leading people in 21st Century. What (not) to do and why from Peter's personal experience of leading people for 7 years.



FLIPCHART: EASY TIPS FOR NICER FLIPS

ANA M. MARIN | PUBLIC SPEAKING COACH, TRAINER, BLOGGER, SOCIAL MEDIA ADDICT AND VOLUNTEER

Have you ever wished to know how to draw some elements in order to make yourself easy understood or add more power to your presentation? Or maybe to draw in order to be a better facilitator / trainer? Following this Workshop, you will master basic elements of doodling in order to grab the attention of your audience and have a greater impact on your presentation.

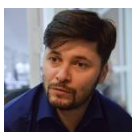
During Workshop you will create your own visual library to be added to your presentation tool box.



DEBATING: WIN THE ARGUMENT

PERCY ROLAND | CONSULTANT, PUBLIC SPEAKER AND COACH, PASSIONATE DEBATER

Percy will share with Participants basic debating techniques - how to analyze your opponent's arguments and find the weakest link - the importance of strategy in debating. Participants will also learn various forms of debates and games they can play in their Club or Business Meetings.



WIN-WIN IS NOT THE WHOLE STORY

CATALIN PAVAL | EXPERIENCED SALES PROFESSIONAL, DIVISION D DIRECTOR, BUSINESS DEVELOPMENT CONSULTANT

Not a day that passes where we are not put in a situation where we must negotiate something. Participants of this Workshop will learn some basic terms and definitions, talk about a few rookie mistakes that can lower their win, and put together a list of to-do's for increasing their chances for a good result.

Participants will learn new information that will change the way they approach future negotiations and can tip the balance in their favor.



VOICE GYM AND VOCAL HEALTH

ANEŽKA NOVÁK VAN LYNDEN | PROFESSIONAL ACTOR, VOICE COACH TO BUSINESS PROFESSIONALS, RADIO JOURNALISTS, PUBLIC SPEAKERS AND ACTORS

What happens when the microphone doesn't work? Can you trust your voice to deliver the speech no matter what?

While most people do some sort of physical activity to keep their bodies fit, people often forget that their voice also needs a workout, especially if speaking in public or performing. In this session, Anežka will lead Participants through a vocal warm-up to prepare for giving a speech and share some 'vocal health' tips.

We would like to Thank our Workshop Leaders, Presenters, Sponsors and Participants for your continued support and for helping us make our dreams of Residential Weekend become a reality.

THANK YOU!